

# SAN-SANGE

Nit ngi dangou am sang-sangou waajal eumb gi ak ci wàllou pajdiam doomi aadama yi, ak ci diir boumou eumbé, bou ame doomo ak wakhtou boumou ame doome baparé, khalebi ame yoon dioudo si bena fitna ak maga ak am yokkouto ci biir SUS.

Yelleefi liggéey: Téméri fan dinapaliko boussa doom dioudo ngi jigué ti diguene bou eumb te am liggéey; bounbou ko mandargaal; ci jamonoy eumb ak diouróomi ba diouromou weer kene warro ko dakha si liggéey yame, kham mou dekh naka sounoul nono; kene meunoko dioukh bénen liggéey; khana worroul wala daffa ame diafé-diafé si wer gou yarame ci mome wala doom dji; doikh ko batakh as boudemé doctor bi sete ko wala deffal ko ay sete; bayiko mou ngibi guénouwalou wakh tou sabou liggéeyé ngéti whatou wala béna wakhatou déme napali doomame, nanpal done diouromi béne werr La; diouromi fane moy napolou papa bou doom bi dioudo.

Yelleef yi ci wàllou wérge-yaram : dalal nit ngi ci sargal ak ngor, te kenn du leen di xebe ci melokaan, lakk, joublouwaay ci wàllu awra, dàntite; àpp wala sàrti askan; meun nangou ko woo ci tour wi nga taamou. Yaa ngi nekk ndaw : yaa ngi am yelleef, ci wàllou yoon khalé ak dawn, nga am jikko ak koumpa, ak diote xibaar ci waadial ak seyee ; sagn-sangou nekk ci sa bopp, yaw nga tànn; yoono nekk yaw reck, boula nekhé.

Dafay digal ngou am ci bankhass yi yorr wérge-yaram ci wàllou wérge-yaramou dijgéen ñi biir te seeni nopp nekhoul wala ngou am febaro nopp yoon mayenalen bankhass bi indilko kene kouye mana tekkil wala mou anda ak kena kou mana tekkil jokkoo bi; lolou nak dafa war am boufekeni dafaye dem setti doctor; boufekey daff bir; dafa wassine; ak bouye wassiné. Liyite ngokay digal ngo deff ko a doomo aadama yi baye sem réew ak khetou niit ngi deuka ci alabi gaxhané s dangou am Jeff-jeff jokkoo; di garanti yelleefou nekk ci tekki seen lakk, te dou am lounbouy tere ngou am yelleefou and ak gaaraati réew mi. n° 11.108/2005.

**Royou way:** Téere dieugéen ngou eumb (8e édition) ak Digal nang ko: DAPPS/DAGAE/SES- N°01/2022

# JOKKOO YOU AM SOLO

- Walou niit com neka ti Jeff-jeff: (SAMU): 192
- Bankhass Bouye Diambate Jeff Bankhasso pajmi (SUS): 136
- Bankhasso Kerangagui: 190
- Deukowa liggéey Diguen ngi: 180
- Bankhasso laque: 193
- Jokkoo Ngawlou bou réew mi kountou saaga ak khalé bounbou diamlo ci awar;
- Ndaw: 100
- Jokkoo kou beug baye toukh am pom : 0800 61 1997
- Jokkoo ak lidieuntikat bou deuk bi SES/RS :0800 6450 644
- Jokkoo ci deuka bi Rio grande de sul WhatsApp : (51) 98405-4165

Waaljal joudo khalé bou soukaandiko ci tegtal bi “Jàppale bou jaar yoon ci am doom: Gis-gis bounbouye dieuffé, bou Mbootayou Wérge-yaram ci Addouna – 2000 ak ci téere bi “Joudou bou jaar yoon wala sesarean : lépp lou diegéen wara kham” bou Ana Cristina Duarte et Simone Grilo Diniz – Ed. UNESp - 2000, ci waajal joudou bou Keur doctor bou Daara bou Kawé bou Uberlândia e no portail Drauzio Varella.

## EDISION BU NJËKK



# WAAJAL JOUDOU

BEUGEUNA NGO WOO MA:

TOUROU SAMA DOOM MOY:

SAMA BANKHASSO MATOU MOY:

BEUG NA KHAM FOU MAY AMÉ DOOM

( ) WAAW ( ) DÉEDÉET

BEUG NA KOUYE ANDA AK MANE BOUNGE DEME DI MATOU (YOON FEDERAL 11 108/2005):



BEUG NA AM KOUYE NÉKAFOFOU DIMA TEKIL WAKHOU TEUKH WALA KOU MAY DIMBALÉ, KO KHAMNÉ MAKOU TANAL SAMABOBO, CI JAMONO BOUNGOO MAY TAKHAWOU.

( ) WAAW ( ) DÉEDÉET

BEUG NA AM KOUYE NEKAFOFOU DIMA TEKI SAMA LAKK, KO KHAMNÉ MAKOU TANAL SAMABOBO, CI JAMONO BOUNGOO MAY TAKHAWOU.

( ) WAAW ( ) DÉEDÉET

KHATIM YAW MI MATOU

KHATIM KOU CI ANDA

KHATIM LIGGÉETKATBI



BOUFEKÈNI MOGUI DIIROU:

- ( ) Dama beuga am san-sangou nane ndokh ak lekk louma sokhla ci ningoko ladje;
- ( ) Beug na barab bou baax, bou bariwoul leray wala thioy. Dama beugon meun na déglou way bouma tann;
- ( ) Beug na sargal sama bopp, te banga feusal sama bopp lou amoul njaring nit ngi;
- ( ) Beug na meuna yeugou bou bakh ba noppi jeul nekiniwa bima yeug ak nekhay.



WAKHTOU JOUDOU:

- ( ) Dama beuga toog ci benne barab sou may am doom ba keroog mouy joudou;
- ( ) Beug na tàmite togaye bi geuna bakh ci man;
- ( ) Dama tamou deff dollé ci jamonoy matoubi, sou ma ko beugé, loudoul ngou wane;
- ( ) Dama beuga am barab bou dal ci jamono bobo, ak liggéeykat you am solo yi ci barab bi;
- ( ) Beug na barab bou am lamp you néw;
- ( ) Beug na tàngaye bi nekk tàngayou béda man ak sama doom;
- ( ) Soudé fâwo ngou operate sesarean ndakh ab tegtal doctor, Ma gui ngane ngou waxma sabab yi.



SOUDÉ DAFA SOXLA DÉFA CESAREAN:

- ( ) Beug na ngou tàmbali liggéey matou bi balaa ngou tàmbali ci sesarean;
- ( ) Beug na sama àndado nekk ci barab bou you deff sesarean bi;
- ( ) Beug na ngou wàngi làmp yi ak thioy bi, klim bi bouko tal;
- ( ) Beug na ngou tekhali boumou dioumbakh bi ci wakhtou binko digal Ci béné diamono;
- ( ) Sou khale bi joudo, beugon na nga teg ko ci sama deunna bi lale der ak der, soudé meun nanu ko def;
- ( ) Beug na diema nanpal sama doom ci ndimbalou liggéekat, soudé meun nangou ko;
- ( ) Beug na sama doom ak sama boron keur ngouu nekk ak man bamawér ci opeeré bi;
- ( ) Dama beuga dem ci néeg bi nimou geuna gaweu.

GINAW LIRR BI JOUDOU NA

- ( ) Beug na ngou tegal ma sama doom ci sama wet ci sasi ginaw bima joudou tegolona nangoumak ci sama kaw; der ak der, ak mom sa bopp dinapal; sounou ko meuné;
- ( ) Beug na ngou tekhali boumou dioumbakh bi ci wakhtou binko digal Ci béné diamono; soudé meun na am sama borom keur def dagg bi;
- ( ) Soudé dafa am fou tepekou ci yaram bi boungou ngiaw nangou deff ba boumokou yeug mana deff ko anesthésie;
- ( ) Sou amé ci salou joudou, dama beuga dougal DIU, ngir am diaringe sama nekinou keur doctor ak fagarou sama Bopp.



LIGAY MOYTOU COM KHALÉ BI:

- ( ) Beuga na paj mi ngouy deff ak ngi febar ngou kaye deff tamite ci wakhtou bou dieukk ci khalebi (wakhtou wourous);
- ( ) Sou feké meuna nekk, dama beuga yor as doom sa you nekk ak bouma nekké ci barab bou ngouy am doom, ak figay sété sa wergui yaram;
- ( ) Soudé khalé baa daff sokhla toppato té dangou ko wara yobou ngou toppato ko, dafa wara and ak yaw sa you nekk
- ( ) Beug na ngou yeugal ma bépp dokhalin bou ngouy am ci sa doom;
- ( ) Dama beuga sa doom dialweem thi biti ak tamite di am kougou dimbal ak di ngou khelal
- ( ) Beug na dokholin bi ak dortor bouféké daff metit wala teyouma dakh metti; teg len sama doom ci sama yaram.
- ( ) Beug na man wala sama borom keur ngou dieuka sanga sounge doom bou wesó bena beuss ;
- ( ) Dama beuga néka ak sama doom ci deukkouway bi ci wakhtou yeup. Sou sonnée wala ma sokhla dina ngan ndimbal.



NDAX AMNA LI NGA BEUG KHAM CI NGOUNE? (DEFFKO FI LADJ YI AM SOLO FI: CI ADA,BEUG, TIIT WALA JAKHLÉ, FEBAR, AY TEGOU WALA AY LAAGO YI MEUNA AM).